










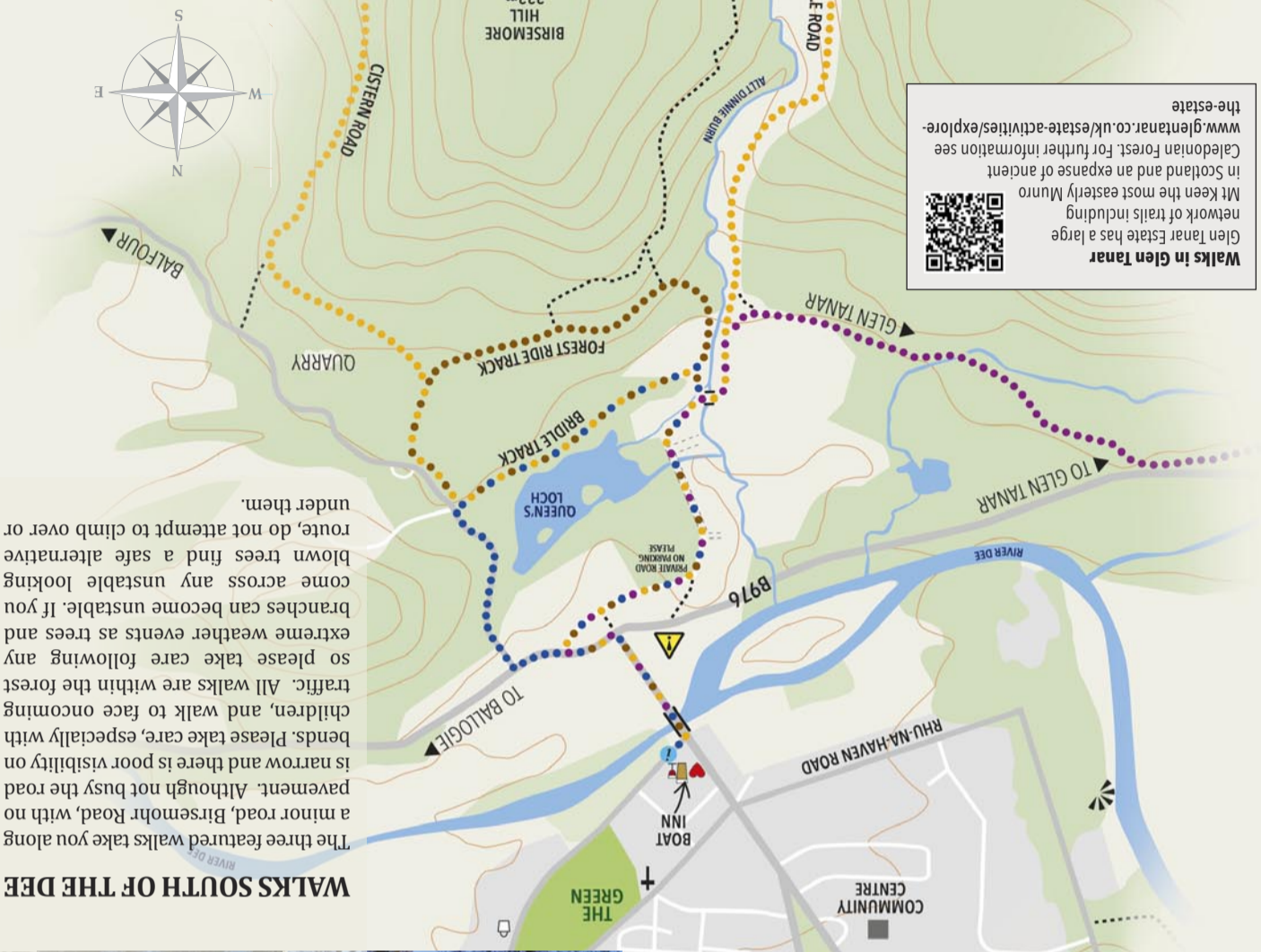
 WALK	 moderate	This walk involves road crossings and country roads without pavements. Take great care on these roads especially with minors, walk facing the oncoming traffic. Much of the walk is on tracks or well-made paths with 2 short uphill sections.
		The walk takes you through open countryside and woodland. This walk description is one way and takes options are available. From the end of the route various
Distance one way 2.5 miles / 4 kms Allow 1 1/2 hrs	 WALK	GLEN TANAR TRACK ●●●●●●●●

 WALK	 strenuous	A lot of the walk is on forest tracks. There is a crossing over a small burn which can be tricky after heavy rain. It can be wet and slippery underfoot on the bridge way. A lovely walk with lots of forest and variety.
		A mostly circular walk passing through the Birsomohr forest on an ancient bridle track and joining an old drove road.
Distance 5.8 miles / 9.3 kms Allow 4 hrs	 WALK	The Cistern Road and The Fungle ●●●●●●●●

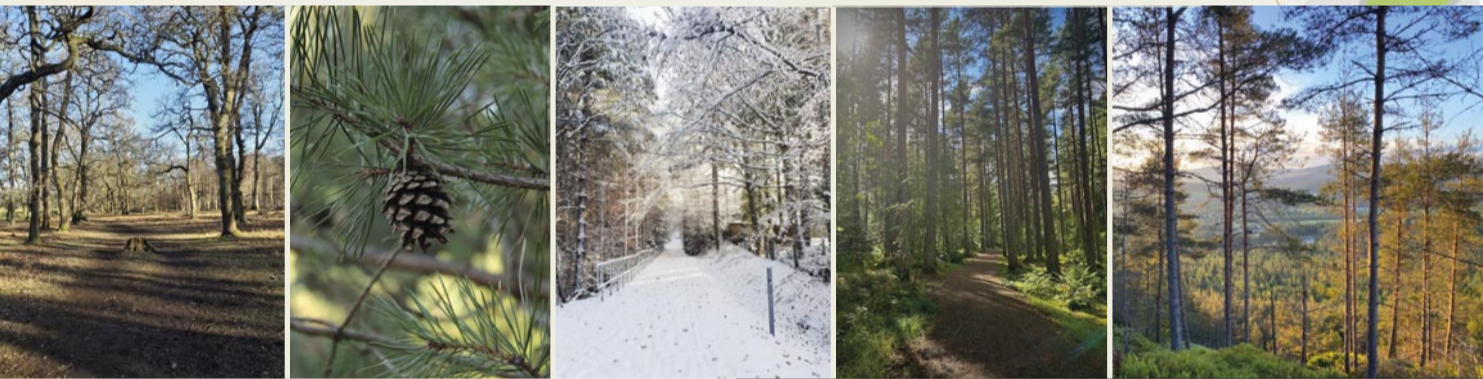
 WALK	 moderate	It involves a tarmac path, gravel track and a stoney and at times narrow path which can be wet and slippery underfoot. There is a steep downhill at one point. A lovely tranquil walk with lots of variety.
		A mostly circular walk taking in an ancient bridle track and beautiful mature forest.
Distance 3.5 miles / 5.6 kms Allow 2 1/2 hrs	 WALK	The Forest Track ●●●●●●●●

 WALK	 moderate	It involves a stoney bridleway which can be wet underfoot. However, much is on tarmac roads. A lovely walk with lots of variety.
		A gentle mostly circular walk passing through the Birsomohr forest on an ancient bridle path.
Distance 3.3 miles / 5.2 kms Allow 2 hrs	 WALK	The Bridle Track ●●●●●●●●



Walks in Glen Tanar
 Glen Tanar Estate has a large network of trails including Mt Keen the most easterly Munro in Scotland and an expanse of ancient Caledonian Forest. For further information see www.glentnar.co.uk/estate-activities/explore-the-estate

WALKS SOUTH OF THE DEE
 The three featured walks take you along a minor road, Birsomohr Road, with no pavement. Although not busy the road is narrow and there is poor visibility on bends. Please take care, especially with children, and walk to face oncoming traffic. All walks are within the forest so please take care following any extreme weather events as trees and branches can become unstable. If you come across any unstable looking trees, do not attempt to climb over or under them.



A GUIDE TO Paths & Tracks Around Aboyne

Walking in and around Aboyne

Walking is extremely good for both physical and mental wellbeing, so enjoy being outdoors and the company of friends. Choose a path which sounds suitable for you, ensure your footwear has a good grip as a number of path sections are rough and loose. Always dress for the weather conditions!

The **Scottish Outdoor Access Code** explains how we should act in the countryside

- by taking responsibility for our own actions - eg, keeping alert for hazards, taking special care with children and respecting people's privacy and peace
- by helping those managing and working the land to work safely and effectively eg, leave gates as you find them
- by caring for our environment - eg, don't disturb wildlife, take our litter away

Walking with a dog

- Never let your dog worry or attack farm animals
- Don't take your dog into fields where there are lambs or calves
- If animals are present, keep your dog(s) on a short lead or under close control and keep as far from them as possible
- If cattle move aggressively towards you, keep calm, let the dog go and take the safest route out of the field
- Only take your dog into fields with crops if there is a clear path, keeping your dog to the path
- Avoid disturbing ground nesting birds by keeping your dog on a short lead or close at heel during the breeding season (usually April-July)
- Always pick up after your dog and bin it!

Several of the paths around Aboyne are **close to riverbanks**. To maximise safety, please

- Keep well away from the bank edges and mind your footing on roots and loose stones
- Remember the river may be high with the path flooded or impassable

On some walks you may be **sharing routes with cars, bikes or horses**. Please keep well into the right side on the road, facing the oncoming traffic (unless on a blind right hand bend) and acknowledge other road users. Bright clothes help to be seen easily.

Some paths cross the golf course. Always be alert and stay on the path, make quick progress across the course and give way to golfers, allowing them to take their shot before proceeding.

MESSAGE FROM THE LAND OWNERS

The land owners, managers and workforce welcome those following their active pursuits and ask them to take access responsibly in line with the Scottish Outdoor Access Code (SOAC)

The forests, open moorland and river of Mid Deeside are owned and managed as part of sporting estate companies who focus on making their businesses viable and upholding their duty of responsible land stewardship. Help those managing and working the land to work safely and effectively.

Leave gates as you find them, report anything you believe not to be right to APTG. Take your litter home with you and leave no trace. No camp fires in woodland, forests, peatland or farmland.



Aboyne Community Trust
 The Aboyne & Mid Deeside Community Shed
 Cemetery Rd, Aboyne, AB34 5DZ
www.aboynecommunitytrust.org.uk

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www.aboynecommunitytrust.org.uk/groups/paths-tracks

